

what we do

Since 1998, GLAD House has provided comprehensive solutions to the complex problems of substance abuse in the family. Our programs target five critical areas:

- **Mental Health** – Our individual, group and family counseling helps each child cope with the challenges they face. Community Psychiatric Supportive Treatment staff work closely with the schools, doctors and other community resources to ensure that each child's individual needs are met.
- **Prevention** – Addiction can plague families across generations. We break the cycle by teaching children to recognize and avoid the disease of substance abuse.
- **Academics** – Many children who come to GLAD House struggle in school. We offer academic assistance and educational enrichment to build academic success.
- **Recreation** – Children need to have fun. The structured recreational activities at GLAD House offer a positive, healthy break from stressful and uncertain lifestyles.
- **Family** – Strong families build strong children. GLAD House parents and families participate in programs designed to develop parenting skills, improve communication, and resolve conflicts.

This comprehensive approach makes GLAD House unique. No other organization in Cincinnati combines mental health therapy, substance abuse and violence prevention programs, academic tutoring, structured recreation, and ongoing support and guidance for high-risk children and their families.

we make a difference. here's how you can help.

- Volunteer your time and skills.
- Make a tax-deductible contribution.
- Remember GLAD House in your will.
- Spread the word about the good work we're doing in Hamilton County.
- Refer a child and their family to our program.

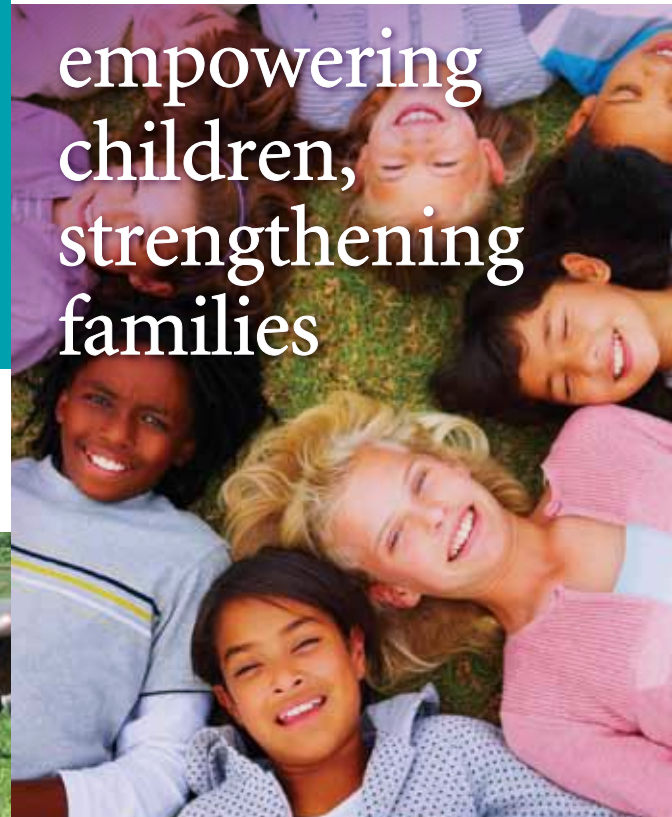
With your help, we can do
Call us at 513.641.5530



Funded in Part By
THE CITY OF CINCINNATI



empowering children, strengthening families



who we are

GLAD House is a unique, intensive intervention program for high-risk children ages 5-12, who have an identified mental health need or behavioral problem and who have a parent with the chronic disease of addiction.

Our mission is to improve the lives of children and their families by breaking the cycle of addiction and promoting mental health for children.



ph 513.641-5530 • fax 513.482.7042
www.gladhouse.org
4721 Reading Road, Building A
Cincinnati, OH 45237

our programs

GLAD House encourages healthy choices, develops leadership skills, and reinforces the importance of academic success. The program includes:

- **GLAD House Champs** (ages 5-12) – In this intensive, Monday – Thursday after-school and summer treatment program, licensed therapists and social workers guide children toward individualized therapeutic goals and provide the following services:

- Individual and group therapy
- Family therapy
- Prevention education
- Academic assistance

GLAD House provides the children with program transportation, healthy after-school snacks, dinners, recreation and family events.

- **GLAD Hands Club** (ages 5-17) – Children who have completed the Champs Program continue to participate in an aftercare program once a week:

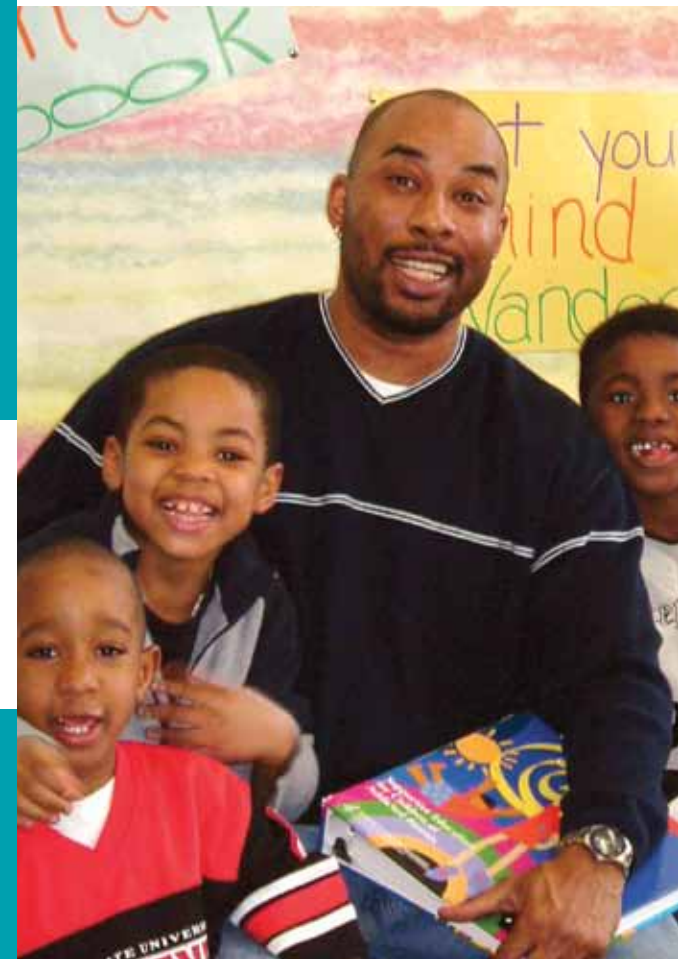
- Reinforces prevention education
- Offers recreation activities (alternative activities to using alcohol/drugs)
- Provides on-going academic assistance and mentoring

GLAD Hands Club offers members stable, long-term guidance, with separate groups for teens and younger children.

- **Strengthening Family Program** – GLAD House family sessions work to break patterns of addiction, abuse, and neglect. Parents learn positive parenting skills and children learn that they have the right to be treated with dignity and respect. Family outreach is also included.



grow up with GLAD House.



GLAD House works

GLAD House offers evidence-based programs with specific goals and measurable outcomes. Data from the past four years prove that these programs work:

- 99% of participating children were promoted to the next grade level;
- 82% improved their conflict resolution skills;
- 80% improved their grades;
- 0%—none—were observed or reported to have engaged in substance abuse.

Parents report successes, as well:

- 82% say that they praise their children more often;
- 91% indicate that their child's behavior has improved;
- 100% say that they talk with their children more openly and honestly;

Dr. Beatrice Lampkin, a pediatric oncologist, founded GLAD House, continuing her life long commitment to helping children and their families. She strove to create a safe, secure atmosphere where confidence would grow, new choices could be explored and grades would improve.

complex problems. comprehensive solutions.

Our staff and volunteers offer GLAD House kids long-term, life-changing treatment and stable relationships that extend from kindergarten, through high school, college and into adulthood.

GLAD House builds stronger children, families, and communities.